#### Present:

Beth Eurich, Department on Aging (HSCC Chair) Joel Strasz, Bay County Health Department Gail Frahm, Disability Services Resource Center Joni King, Bay Area Community Foundation Emily Yeager, CAN Council Great Lakes Bay Region – Bay County Ryan Thick, Legal Services of Mid-Michigan Elan Nichols, Staff Attorney Legal Services of Mid-Michigan Carrie Prosowski, MI Rehabilitation Services Angelic Zizumbo, City of Bay City Amy McDonald, City of Bay City Laura Love, McLaren Bay Region Joelin Hahn, Bay-Arenac Behavioral Health (BABH) Magen Samyn, Bay Area Chamber of Commerce Lindsay Richardson, Bay Area Women's Center Jessica Somerlot, Department on Aging Nicole Luczak, United Way

#### **Guests:**

Stacy Krasinski, BABH, Bay Arenac Youth & Adolescence Mobile Response Team James Spegel, BABH, Bay Arenac Youth & Adolescence Mobile Response Team

Recorder & Coordinator: David Wesoloski, Bay County Health Department

- I. Call to Order: The meeting was called to order at 8:32 AM by Beth Eurich, HSCC Chairperson. No introductions were made due to the Teams application automatically collecting attendance.
- **II. Review of/and Additions to the Agenda:** Laura Love made a motion to approve the agenda as written. Multiple members seconded the motion. All were in favor.
- **III. Approval of May meeting Minutes (attached):** Joelin Hahn made a motion to approve the March 22 meeting notes. Joni King seconded the motion. All were in favor.
  - June Steering committee minutes attached for review
- IV. Guest Speaker: Stacy Krasinski & James Spegel Bay Arenac Youth & Adolescence Mobile Response Team (MRT), Bay Area Behavioral Health: MRT helps stabilize individuals in acute crisis in the home, school, or community, and provides supportive counseling and follow up. Places they do not go to are the jails, juvenile detention centers, and children residential homes. The main intent of MRT is to assist individuals to prevent psychiatric hospitalization; shorten length of inpatient stay when clinically appropriate; and keep the individual in their current living arrangement. Eligibility for services: under 21 years of age (but opening to all ages beginning September 2023); must reside in Bay or Arenac county; not based on insurance eligibility; do not need to be open to BABH services; and individual/caregiver defines the crisis. The program criteria for <u>adults</u> are reasonable expectations within the near future to physically injure themselves or others (intentionally or unintentionally); judgement is so impaired that they are unable to understand the need for treatment; and continued behavior as a result of mental illness, development disability, or

emotional disturbance, is reasonably expected to result in physical harm. The program criteria for youth under 21: must have consent from parent/caregiver for MRT intervention (under 18); parent/caregiver identifies a crisis and their capacity to safely manage it is limited and they have requested assistance; the youth is reasonably expected within the near future to physically harm self or others (intentionally or unintentionally); exhibition of risky behaviors or behavioral/emotional symptoms that are impacting overall functioning and to prevent psychiatric hospitalization or out of home placement. Those who are not appropriate for MRT referral are individuals who are experiencing psychosis; physical aggression or suicidal intent; medical issues requiring immediate intervention; actively under the influence of alcohol or drugs; primary diagnosis of SUD; or in need of emergency housing. Pretty much any one can refer to MRT (the person in crisis, family, friends, police, 911, schools, therapists, community members, etc.). When a call is received by MRT, it is triaged by live staff at BABH and depending if it is a safe scene, MRT will dispatch and may also contact emergency responders to assist. They do have a 1-hour time frame for the city and 2-hour time frame for more rural areas. On site, MRT does an assessment, de-escalates the person to calm them down, develops a person-centered plan with a crisis and safety plan too, followed by skillbuilding, coping skills, and connection to therapy and/or referrals, as appropriate. In terms of follow up care, there is not a one-size fits all approach. MRT conducts follow up care the next day and either continues follow up each day up to 7 days or simply follows up on day 1 and day 7. They do try to provide some follow up care while the individual tries to link up with a primary care provider. MRT has a strong law enforcement partnership in an effort to decease unnecessary police interactions and improve interactions with those individuals experiencing a crisis. There are times when the police do accompany MRT onto a scene if weapons are present, under the influence of drugs or alcohol, person is suicidal and injured, threats of violence, and person is petitioned for a mental health evaluation. While MRT receives a few calls a week, the entire emergency services department at BABH receives on average over 13,000 calls a year. To reach either the MRT or Crisis department (which is available 24/7), please call 989-895-2300.

- V. MI Department of Health and Human Services Update: David stated that Katie would be unable to attend the meeting today, so no update was given from MDHHS.
- VI. Bay County Health Department Update: Joel talked about how the continued poor air quality days are becoming the norm given the changing climate. The health department is getting ready for school by offering hearing and vision screenings and partnering with MCDC on dental assessments. They have Kindergarten round up events scheduled for Saturdays, August 5 and 26. Dental assessments are free of charge and make a referral to a dentist if further follow up is needed. They are also working with the schools to make sure children are up to date on their immunizations. The health department is working on getting a finalized purchase agreement for a building located on Wilder Road on the west-side of town. One of the things to figure out is how to get people from the east side over to the west side for services in lieu of all of the bridge challenges. Joel is open to any suggestions on solving that. The health department is trying to put together a breastfeeding counselor position to go into the hospital to visit with new moms and promote resources and connect them to services. There is limited information about the new COVID-19

vaccine boosters coming this fall, but should learn more in the weeks ahead. The health department is offering free KN95 masks to the public. Anyone can visit the health department during normal business hours and request one.

# VII. BHSCC Taskforce/Subcommittee/Affiliated Group Reports:

- Adult Service Collaborative: Jessica Somerlott reported she is now the co-chair of the group. The group continues to bring in guest speakers to discuss difficult cases between agencies that deal with adults and have been having a fairly good turnout. They had Annette Jeske come in and provide an update to ARC services.
- **Bay County Prevention Network:** David stated BCPN was unable to make the meeting and did not receive any update from them, so no report was given.
- **PACES Trauma Informed Coalition:** David stated Stacy Meininger provided an update via email: they resumed their in-person meetings with a hybrid option, attendance at the meetings have been primarily school-based staff, and they are looking at merging the PACEs group with the BAISD Whole Child Network group to increase collaboration among school and community providers. They have a CMU and a HRSA grant to expand tele-behavioral health in rural areas with Dr. Janet Nunn; and awaiting to hear if BAISD will receive another grant. If you have any interest in joining the PACES group, please reach out to either David (he can forward the details) or to Stacy directly.
- VIII. BACF Grant Applications: Joni King reported that the second grant cycle at BACF is currently open. They also have other grant opportunities: education mini-grants (up to \$300 for classroom supplies) and the Building Non-profit Diversity, Equity and Inclusion Awareness program. This is in conjunction with the YWCA and it will allow you to take the IDI assessment. Contact Joni King if you have any questions or need help with the process.
  - **2<sup>nd</sup> Grant Cycle:** Opens July 10, 2023. BACF has a new platform. No password is needed, but all users will have to create an account (unless you applied in the fall of 2022).
    - Application submission deadline September 11<sup>th</sup>. (HSCC review in October Grant recommendations are approved by BACF Board of Trustees in mid-November.

# IX. Roundtable Updates – Please keep updates to programs/services/community events

- Angelic Zizumbo, City of Bay City: They plan to be at National Night Out and providing information on the code enforcement program and the ARPA-funded programs. They have a fall neighborhood clean-up in the works and will release information about the date soon.
- Carrie Prosowski, MRS: They are moving to a new office in Bay City, by Michigan Works.
- David Wesoloski, BCHD: BCHD has been disseminating 5x7 cards on pregnant and breastfeeding mothers out to the primary care providers in the area. Also distributing lock-up bags as well. Please reach out to David if you would like either of these resources.
- Elan Nichols, LSEM: They have a few events coming up: Tuesday, August 29, they are having an annual financial and fair-housing expo that will help people with their finances and how it relates to their housing cost and renting and looking to owning a home, which will be at the Anderson Center in downtown Saginaw and is open to everyone. Focusing on criminal expungements for certain offenses and working with clinics on that. They are working with families to navigate the ladybird deed process to transfer a family home to a family member. For any questions on these issues, please call 800-322-4512.

- Emily Yeager, CAN: They plan to be at National Night Out. They are hosting an event on Saturday, August 12 called the Ducky Derby and GSC is pulling together the vendors for the family fun fest. Other agencies can attend to pass along your information about services to the public. They have new infant simulators to promote fetal alcohol spectrum disorder and safe sleep to better understand the difficulties in caring for babies to feel more prepared. If you have a youth group, they are happy to test out the infant simulators! Please reach out to Emily if you're interested.
- Gail Frahm, DSRC: Today is the last day of their 6-week special needs enrichment program. They've incorporated an older group called Rolling Hills and are now including youth age 5-36. They plan to roll this out again next year. Their All Children Experience Sports softball program started yesterday and their theme was first responders who participate in the game. They have 6 people approved for ramp builds.
- Joni King, BACF: BACF does have grants available for Arenac county. If you extend your services to that area, they have a separate grant opportunity for that county.
- Laura Love, McLaren: They have their community screenings: In the fall, they will have an oral, head and neck cancer screening. In the spring, they are restarting their peripheral vascular disease screening. They also have a breast cancer screening for those that have no insurance and prostate cancer screening. If you have clients that need anything, please reach out.
- Lindsay Richardson, BAWC: Continuing to work with the community violence response team to figure out the new direction for that group. They are preparing for their quality assurance audit.
- Magen Samyn, Chamber of Commerce: They have been working a lot on their Hey, Bay City initiative. If you have open positions or if you know someone looking for a job, the Chamber can assist in getting the word out.
- Ryan Thick, LSEM: looking for more volunteer testers. Testers pose as prospective renters for the sole purpose of gathering information to determine if the housing providers are complying with the fair housing laws. Volunteers are paid \$15 a phone test and \$50 for on-site test plus mileage reimbursement. Contact Ryan if you are interested.
- Beth Eurich, Department on Aging: They are finishing up their kitchen remodel. Working with MSU School of Social Work on a digital literacy project. They are working with the health department to assist seniors (and caregivers) with navigating their patient portal to better understand their medical chart, care, prescriptions, and health insurance. They working with fire departments on putting in smoke detectors. They are up to 1,300 meals a day. Habitat for Humanity can assist with putting in stairs and railings, but applies to homeowners only.

With no further business to come before the Committee, the meeting adjourned at 9:40 AM.

**Next meeting**: The next regular HSCC meeting will be held on Wednesday, September 27 at Bay Area ISD. The next Steering Committee meeting will be held on Wednesday, August 23 at the Bay Area Community Foundation.

Respectfully submitted, David Wesoloski, HSCC Recorder & Coordinator, Bay County Health Department.